



Grapevine



RECEPTION AT THE CARE CENTRE WILL BE CLOSED ON THESE DAYS:

1st April - Easter Monday
Thursday, 25 April Anzac Day

DIAL 111

FOR A MEDICAL EMERGENCY

ANY EMERGENCY Maintenance please contact your Works Committee

Joop Hageman 09 837 5176

Don Jenkins 09 836 8337

Roelof Siebring 09 838

Rein van Staalduinen 09 974 4713

Please use Skillet for any NON-EMERGENCY maintenance on these public holidays.

skillet

Login

Available at the Pavilion Computer Hub

Book your non-emergency Maintenance or Gardening jobs online

Daylight Saving Finishes

APRIL 7th

Clocks go back 1hour at 3am

Top tip: Put your clock back

ONE HOUR before you go to bed on Saturday 6 April



FRIENDLY REMINDER:

Please return your Flu Vaccine Consent Form by 4th April to get your Flu vaccination on 17th April here in the Atrium.

Please note that you will be receiving the funded Flu Vaccine (Influenza Tetra), unless you have ordered the NON-FUNDED FLU VACCINE FLUAD QUAD through reception and paid \$35 to reception by 4th April.



From the Desk of the Village General Manager

Hi all,

COVID-19 Vaccine Booster Update

Over the last few weeks the good news is that the total number of weekly COVID 19 cases in New Zealand per week has continued to drop. For example only a month ago it was 6,048 (weekly) and as of this week (25 March 2024) it has now dropped to 4042 (weekly) which is an approx 30% drop). Also, of those cases only 1,507 were actual new cases, with the rest (2,535) being reinfections. In the March report, it is also important to note that this is well below the peak of cases in June 2022 (nearly 30,000 in a week).

While these numbers are encouraging, it is still advisable to get the latest Booster Vaccine in June 2024. This Booster targets the latest COVID 19 Omicron variant XBB15. When the vaccine is available, Rajender the Clinical Manager will organize with our Pharmacy, Walls and Roche to come into the Village for vaccinations.

Repairs or part replacement of lower Roofs on some Villas

Some residents may have noticed that on Villas 19, 48 and 83 that the lower iron roof areas are being replaced due to some identified leaks. If there are any leaks in your roof please log the job on the Skillet system or call Russelle at Reception to log the job. We will then arrange for Sumich Plumbing and Drainage to inspect your roof to see if a simple repair can be done or if part/all of the iron roof area may need replacing (at no expense to residents). Given that the Villas are now 40 years old it is reasonable to expect that this may occur.

Continued over...

Thursday, 25 April

Lest We Forget
ANZAC DAY



HAPPY EASTER

Continued...

Sale of Villas

Villa 15 has now settled with a new resident gradually moving in. The respective buyers of Villa's 1 and 44 have both sold their properties and are moving into the Village on 30 April and the 17th April. The buyers of Villa 56 are still in the process of selling their property and are due to settle on 24th May 2024. At the time of writing this report we have no Villas available for sale in the Village.

Cleaning and Painting of Soffits in Villas

Bryce Carters team have begun water blasting the Soffits (the skirting boards underneath the Villa roof) to enable them to be re-painted white. They have already done approximately 25 percent of the 91 Villas in the Village.

Gary Williams: General Manager



A NOTE FROM KARIN VERBEEK : Breast Cancer update: I am now going into the second stage of my treatment and this has changed the days I am in due to feeling very unwell. Please call first to check I am in the office, if I am not, I will be working from home and contactable by phone and / or email. Contact Russelle at Reception and leave a message if you would prefer. Thank you all for your support, Karin



Marian Sosna, Villa 64 who was able to drive for the Care Centre outing on Friday, 22 March — the residents really appreciated your time.

Recently a Villa resident pushed their emergency pendant connecting straight to the St Johns Emergency Services, however an ambulance was unable to attend for some hours. If you find yourself in this situation and unable to reach your Villa Emergency bells, ask the St Johns responder to call the Care Centre 09 838 6567 for a Registered Nurse to come to assess you. This will help the ambulance know the priority needed to attend to your emergency.

FRIENDS WE HAVE LOST

Our condolences to family & friends

Care Centre:

Freddy Daniel 4 March, 2024

Jack Cook 15 March, 2024

Wishing anyone who is unwell or in hospital, all the best and wishing you a speedy recovery.

ONS DORP RESIDENT LIAISON ADVISORS

Mieke Penning is available

Mondays & Thursdays

PLEASE NOTE: Mieke will not be available to visit on a Public Holiday that fall on a Monday or Thursday.



Franciska is available on

Wednesdays

PLEASE NOTE: Franciska will not be available to visit on Public Holidays that fall on a Wednesday.



If you require Mieke or Franciska to contact you please call Reception on 838 6567, opt 0 to book a visit or chat.



WAITAKERE LIBRARY

PICK-UP WILL BE:

ALL RETURNS can be dropped off to the Care Centre Reception. Please **DO NOT** return your books to the Ons Dorp Pavilion Library.

10
APRIL



TRUST BOARD MEETING 24th April

KIWI STAMP PRICES

New Zealand \$2

Australia \$3.30

Netherlands \$4.00

DON'T FORGET: Have your letters at Reception before 4.30pm to have them dropped off to a post box.



Care Centre Visitors—Please sign in at Reception

Don't forget—we would prefer and encourage you to wear a mask.



- All visitors required to sign the visitors book this is a Health and Safety requirement at the Care Centre.
 - Masks available at reception
- A printed copy of our new notice for the Care Centre is available at reception or can be download from www.onsdorp.co.nz

PLEASE DO NOT FEED THE FISH WHEN VISITING IN THE ATRIUM

Editor: Reception 09 838 6567, opt 0 onsdorp@onsdorp.co.nz

VILLA MEAL DELIVERIES The Care Centre can provide meals which are deliver for **\$10 each meal, 7 days a week.** If you wish to order a meal contact Reception. You can also request a weekly menu.

skillet

Available at the Pavilion Computer Hub

Book your non-emergency Maintenance or Gardening jobs online

Login

APRIL PUBLIC HOLIDAY DATES TO REMEMBER



Easter Monday : Monday, 1 April

Anzac Day : Thursday, 25 April



On Friday, March 22 — Winston arrived for his first visit to the Care Centre, and what a lovely surprise for all. He is a therapy dog, named after Sir Winston Churchill — because he loves his food!

GRAPEVINE FUNNY



Need a Justice of the Peace?

WestCity Henderson has JP Services onsite and for 2024 they will be available **every Thursday from 6pm – 8pm** & **every Saturday from 10am – 12pm**

You can find them on Level 1, by Japan Mart.

Can't get to West City? You can call Reception who has contact details of JPs who can come to the Village.



The Care Centre also celebrated **St. Patrick's Day**, officially celebrated on **Sunday 17 March** in New Zealand but enjoyed by staff and residents **on Friday, 15 March**

Staff got in the spirit by wearing green outfits and residents enjoyed wearing green hats! Even the tables were green.



CARE CENTRE ATRIUM



10.00am — 12pm
Wednesday
17 April 2024

Please check your separate notice which has a consent form provided

COLD	VS SYMPTOMS	FLU
<input type="checkbox"/> SNEEZING		<input type="checkbox"/> FEVER OR FEELING FEVERISH* <small>*Not everyone with the flu will have a fever.</small>
<input type="checkbox"/> STUFFY NOSE		<input type="checkbox"/> RUNNY OR STUFFY NOSE
<input type="checkbox"/> SORE THROAT		<input type="checkbox"/> SORE THROAT
<input type="checkbox"/> COUGHING		<input type="checkbox"/> COUGHING
<input type="checkbox"/> POST-NASAL DRIP <small>(mucus dripping down your throat)</small>		<input type="checkbox"/> VOMITING OR DIARRHEA <small>(less common in adults)</small>
<input type="checkbox"/> WATERY EYES		<input type="checkbox"/> WATERY EYES
<input type="checkbox"/> MILD HEADACHE		<input type="checkbox"/> HEADACHES
<input type="checkbox"/> MILD BODY ACHES		<input type="checkbox"/> MUSCLE OR BODY ACHES

TREATMENT

1. Get lots of rest.
2. Drink plenty of fluids.
3. Take over-the-counter (OTC) medicines to help ease your symptoms.*

Antibiotics will NOT help you recover from a cold.

Make an appointment with a medical provider. There are drugs your doctor may prescribe for treating the flu called "antivirals."



Pavilion Printer

Need to do some printing? We have a colour printer in the Pavilion computer room — A4, A3 and A5 paper have been provided. Not sure how to use it? Russelle at Reception is happy to do some tuition with you. Call Reception to book to have a go — 1.00-1.30pm, Monday-Friday is a good time. Bring your copying or printing and happy to show you how!

PLEASE NOTE:
LEAVE THE PRINTER ON

PLEASE **LEAVE THE PRINTER ON** so the service team can go on the printer remotely for toner supply requests, and any other issues from the printer — **they can't if it is turned off.**



On MARCH 20 birthday celebrations for Willy Valk, 95 were held at the Care Centre and was presented with two cakes. The bottom cake was made at the Care Centre and the top cake (Willy's favourite from Eve's Pantry) brought in by Willy's son, Theo.



a very
HAPPY
Birthday!



March

15	Engel Engel	87
16	Berty Simons	94
20	Willy Valk	95
23	Rex Buckby	78
29	Jo Dobbe	95



Friday, 15 March 2024
RIGHT: Everyone enjoyed a morning tea birthday celebration for two Care Centre residents, Engel and Berty.

Engel



Fraud fighting 101

Become a real-life superhero by arming yourself with the information you need to fight fraud and keep yourself, your family and your money safe.

You work hard for your money. You want to spend it on things that matter to you – whether it's your children's education, an exciting trip or a new phone.

Fraudsters are real.

They are out there every day looking for victims. They will target you online, over the phone, by mail or in person.

You're a target.

Thousands of New Zealanders lose millions of dollars to fraudsters every year. The impact of fraud on families and businesses can be devastating.

Learn to fight fraud.

This booklet includes 11 of the most common scams currently targeting New Zealanders. It is filled with tips and tricks on how to protect yourself and what to do if you get scammed.

Report it.

Anyone can be targeted, from teenagers, to grandparents, to senior corporate officers. The best thing you can do is to report the fraud, whatever the amount, to the appropriate authorities. Don't be embarrassed as it will help others from falling for it.

Knowledge is power!

Protect yourself by seeking out more information. In addition to this booklet, you can also consult numerous trusted websites for more information. scamwatch.govt.nz

Scam savvy

Final

Savvy meaning — to know or understand

This is a 20 page book so don't forget to ask Reception for a copy or you can read or grab one from the Pavilion Library

(from **The Little Black Book of Scams** by the Commission for Financial Capability (CFFC))

