



# Grapevine

From the Desk  
of the Village General Manager

Hi all,

## COVID-19 Vaccine Booster Update

Some of you may have seen that we have had an increase in the number of COVID 19 cases which has happened over the summer period. While this has occurred it is still significantly below the peak of cases in June 2022, however it is still advisable to get the latest Booster Vaccine when it is available in approximately May 2024. This Booster targets the latest COVID 19 Omicron variant XBB15. When we have the vaccine available the Clinical Manager will organise with our Pharmacy Walls and Roche to come into the Village and vaccinate residents.

## 2023 Residents Annual Satisfaction Survey

Many thanks to those residents who completed the above survey at the end of 2023. Overall results from the survey were very positive. If you wish to view a copy of the results you can go to the Reception in the Care Centre or the Pavilion Library.

## Sale of Villas

I am pleased to report that we have cash buyers for Villa 63A (settling on the 16th February) and under contract Villas 1, 15, 44, and 56 (all due to settle in March, April, and May). This positive result means that we currently have no Villas for sale in the Village. Many thanks to Joop Hagman for all his assistance in working with me to sell the Villas.

## Cleaning and Painting of Soffits in Villas

Bryce Carter and his team have recently finished re-staining all the Cedar Boards on the Villas. In the next few weeks Bryce's team will begin water blasting the Soffits (the skirting boards underneath the Villa roof) to enable them to be re-painted white.

Gary Williams: General Manager

## New Zealand Fire Services will visit the Village Thursday, 8th February at 10.30am

Four Fire Officers will be coming to give a talk at the Pavilion for approx. 10-15 minutes on **Fire prevention and Safety in and around your Villas**. After their talk there will be a question and answer session held, and then you are welcome to stay for a complimentary morning tea.

*All Village residents are warmly encouraged to attend this session.*



IN EMERGENCIES  
**CALL 111**

## CARE CENTRE RECEPTION CLOSED PUBLIC HOLIDAY - Waitangi Day Tuesday 6th February, 2024

### DIAL 111

### FOR A MEDICAL EMERGENCY

Please use Skillet for any jobs needed when Reception is CLOSED on any public holiday.

**EMERGENCY Maintenance : Call your Village Trustees**

Joop Hageman (U45) ph. 837 5176

Elizabeth Jenkins (U59) ph. 836 8337

Ton Fontein (U42) ph. 838 1017

**Please use Skillet for any NON-EMERGENCY maintenance issues**

## Welcome to Ons Dorp Retirement & Lifestyle Village

**Peter & Vera Kreutz**  
Villa 61 — January 24, 2024

Wishing you both a very happy Retirement



**skillet** Available at the Pavilion Computer Hub

Book your non-emergency Maintenance or Gardening jobs online at the Computer Hub

Login



# Pavilion Printer

Need to do some printing? We have a colour printer in the Pavilion computer room — A4 paper has been provided. Not sure how to use it? Russelle at Reception is happy to do some tuition with you. Call Reception to book to have a go — 1.00-1.30pm, Monday-Friday is a good time. Bring your copying or printing and we'll show you how — no more waiting for Reception to open especially when it is a public holiday or weekend!

**PLEASE NOTE:  
LEAVE THE  
PRINTER ON**

**WE NEED TO LEAVE THE PRINTER ON** so the service team can go on the printer remotely to get updates and notices for toner supplies and any other issues from the printer — they can't if it is turned off.

## ☺ GRAPEVINE FUNNY ☺

“ You don't stop laughing because you grow old. You grow old because you stop laughing. ”



### A NOTE FROM KARIN VERBEEK

Breast Cancer treatment update:  
At the moment Thursdays are my treatment days, and I am positive I can beat this. Mondays and Tuesdays are the days I come into the office (if my body allows). Please call first to check I am in the office and all I ask is that you wear a mask if I am. I am also working from home, contactable by phone and / or email. You can also leave a message with Russelle at Reception.  
Thank you all for your support, Karin



### Need a Justice of the Peace?

**WestCity Henderson** has JP Services onsite and for 2024 they will be available **every Thursday from 6pm – 8pm** and **every Saturday from 10am – 12pm**. You can find them on **Level 1, by Japan Mart**.

Can't get to West City? You can call Reception who has contact details of a couple of JPs who can come to the Village.

### ONS DORP RESIDENT LIAISON ADVISORS

**Mieke Penning is available Mondays & Thursdays**



PLEASE NOTE: Mieke will not be available to visit on a Public Holiday that falls on a Monday or Thursday.

**Franciska is available on Wednesdays**



PLEASE NOTE: Franciska will not be available to visit on Public Holidays that fall on a Wednesday.

Contact the Care Centre Reception on 838 6567 if you require Mieke or Franciska to contact you for a visit or chat.

## Happy Birthday

at the  
Care Centre

January



17	Sandra Yates	78
19	Louis Dean	78
21	David Herewini	74
24	Ambika Prasad	84
29	Martina Peppers	91

## 2024 LEAP YEAR!



30 days have September, April, June and November  
All the rest have 31  
Except February, 28 and **29 on a leap year!**

### The logic behind the leap year?

In the Gregorian calendar, a normal year consists of 365 days. Because the actual length of a sidereal year (the time required for the Earth to revolve once about the Sun) is actually 365.2425 days, a "leap year" of 366 days is used once every four years to eliminate the error caused by three normal (but short) years.



## FRIENDS WE HAVE LOST

CARE CENTRE:

**BOB ANDERSON**

- 2 DECEMBER, 2023

**JOHANNA BOHTE**

- 20 DECEMBER, 2023

Our condolences to family and friends



Wishing anyone who is unwell or in hospital all the best and wishing you a speedy recovery.



**WAITAKERE LIBRARY**

**PICK-UP WILL BE:**

ALL RETURNS can be dropped off to the Care Centre Reception. Please **DO NOT** return your books to the Ons Dorp Pavilion Library.



**TRUST BOARD MEETING**  
22rd February

### KIWI STAMP PRICES

New Zealand \$2

Australia \$3.30

Netherlands \$4.00

**DON'T FORGET:** Have your letters at Reception before 4.30pm to have them dropped off to a post box.



### Care Centre Visitors—Please sign in at Reception

**Don't forget—we would prefer and encourage you to wear a mask.**



• All visitors required to sign the visitors book this is a Health and Safety requirement at the Care Centre.

• Masks available at reception

A printed copy of our new notice for the Care Centre is available at reception or can be download from [www.onsdorp.co.nz](http://www.onsdorp.co.nz)

**PLEASE DO NOT FEED THE FISH WHEN VISITING IN THE ATRIUM**

Editor: Reception  
09 838 6567  
[onsdorp@onsdorp.co.nz](mailto:onsdorp@onsdorp.co.nz)

**VILLA MEAL DELIVERIES** The Care Centre can provide meals and can deliver for **\$10 each meal, 7 days a week**. If you wish to order a meal contact Reception. You can also request a weekly menu.

2024 has 366 days because it is a Leap Year! 29 February





2 December, 2023

# St Nicolaas celebrations

at the Care Centre



It seems like long ago, but our afternoon of celebrations are still remembered. The Care Centre residents and staff with their immediate families had a fabulous day. It was enjoyed by approx. 20 children, Koos (Harry) playing the organ and we sung to our hearts content. Everybody had a lovely afternoon with a nice hot drink and some Banketstaaf.



# Trouble with Ants?

Here are some easy, natural ideas to repel Ants from your home.



Mint

## Mint

Of the dozens of varieties of mint, peppermint and spearmint contain high amounts of essential oil and are strongly scented. Mints are easy to grow and make a nice walkable, fragrant ground cover but they do spread rapidly. Both the odour and oil of the plants are repellant to ants.

## White Vinegar

(found at your local store)

Mix a 50/50 solution of White vinegar and water in a spray bottle. Spray it directly on the ants to kill them, then wipe up the ants using a damp paper towel and discard them. You can also use vinegar and water as a deterrent; spray it around your windowsills, doorways and other places where you see ants coming inside. This is also a good cleaning solution, just add dishwashing liquid, lemon juice and wipe down surfaces.

## Lemon Juice

(found at your local store)

Just like vinegar, lemon juice also seems to destroy the scent trails that ants follow. Try mixing up a solution of 1 part lemon juice to 3 parts water and use as an all-purpose spray. Spray the lemon solution around entryways and the perimeter of your home, or any areas where you see ants.

## Cinnamon

Cinnamon is a great option for killing ants. When an ant inhales cinnamon, it suffocates and dies. You can use ground cinnamon and sprinkle on the ants' path or around an anthill opening. Cinnamon essential oil also works well to repel ants. Mix a few drops of cinnamon oil with water and spray on ant trails, around doors, windows and cracks.



## Cayenne Pepper or Black Pepper

Both cayenne and black pepper repel ants.

Ants hate cayenne pepper. Black pepper will work just as well too.

Locate the source of the ant infestation problem, sprinkle some pepper around that area and if possible, create a wall that will stop the ants from accessing your household. An alternative solution is to mix some pepper with water and spray the resulting solution at the ants. The pepper won't kill the ants but it sure will deter them from returning.

## Food-Grade Diatomaceous Earth

(Can be found at the local Mitre-10, Kings Plant Barn or your local pet stores).

Diatomaceous earth breaks down the exoskeleton of insects.

Food-grade diatomaceous earth (DE) also works well as an ant repellent. This powder is the fossilized remains of marine phytoplankton. The microscopic razor sharp edges of DE can cut through the ants' exoskeletons, gradually causing their body to dry out.

1. Gently sprinkle a thin layer of DE on windowsills, beneath the fridge, under cabinets, in and around garbage cans and any other places where you see ants.
2. Repeat once daily until all the ants are gone.



Cayenne Pepper or Black Pepper



Lemon Juice

White Vinegar



Food-Grade Diatomaceous Earth