

# Summer MENU 2

## Monday

**Lunch:** Bami Goreng with Steamed Potatoes

**Dessert:** Fruit Jelly and Ice Cream

**Dinner:** Savoury Mince on Toast

**Dessert:** Tiramisu

## Tuesday

**Lunch:** Slow Roasted Pork with Steamed Vegetables

**Dessert:** Lemon Cake with Vanilla Custard

**Dinner:** Tuna Potato Salad with Mustard Vinaigrette

**Dessert:** Stewed Apple and Rhubarb with Ice Cream

## Wednesday

**Lunch:** Beef Bourguignon with Creamy Mashed Potatoes

**Dessert:** Summer Plum Cake and Fruit Yoghurt

**Dinner:** Bacon and Egg Pie

**Dessert:** Strawberry Cheesecake

## Thursday

**Lunch:** Butter Chicken

**Dessert:** Berry Trifle

**Dinner:** Meatballs, Mashed Potato and Gravy

**Dessert:** Poached Pears and Custard

## Friday

**Lunch:** Crumbed Fish and Chips

**Dessert:** Apple Strudel with Cream

**Dinner:** Cold Cuts, Salad and Chutney

**Dessert:** Apricot Fool

## Saturday

**Lunch:** Pork and Apple Casserole

**Dessert:** Pavlova with Strawberries and Cream

**Dinner:** Traditional Spanish Frittata with Salad and Relish

**Dessert:** Fresh Fruit Platter

## Sunday

**Lunch:** Beef Medallions with Mixed Vegetables

**Dessert:** Brownie with Ice Cream

**Dinner:** Fish Bites served with Salad

**Dessert:** Crème Caramel and Pineapple Salad

### \*Breakfast:

Porridge and or Toast (Cooked breakfast on Wednesdays)

### \*Morning & Afternoon tea:

A selection of cake, slices, or biscuit



Dutch Retirement and Lifestyle Village  
"Ons Dorp"

