



COVID-19 ALERT LEVEL 1 UPDATE AND FREQUENTLY ASKED QUESTIONS FOR RESIDENTS AND FAMILY MEMBERS

INTRODUCTION

The government has made a decision to move the country from **Alert Level 2 – “Reduce”** to **Alert Level 1 – “Prepare”** on **Wednesday, October 7 at 11.59 pm.**

Under Alert Level 1 this means that everyone can without restriction to work, school, sports and domestic travel, and you can get together with as many people as many you want.

Under Alert Level 1 some of the “Golden Rules” are:

1. If you are sick, stay home. Don't visit other Village Residents or go into the Care Centre. Don't socialise.
2. If you have cold or flu like symptoms call your doctor or Health line 0800 611 116 and make sure you get tested.
3. Wash your hands and use a sanitiser.
4. Sneeze and cough into your elbow and regularly disinfect shared surfaces.
5. If you are told by the Health Authorities or your Doctor to self-isolate, you must do so immediately.
6. Keep a record of where you have been or use your mobile phone app “NZ COVID Tracer” to record where you have been.
7. Stay vigilant. There is a still a global pandemic going on.

Key information you need to know as a villager under Alert Level 1

Q1. Will there be any restriction on any visitors to Residents living in a Villa in the Village?

A. No, there are no restrictions on any visitors and social distancing is no longer required.

Q2. Will there be any restriction on any visitors to Residents living in the Care Centre?



A. Visitors to the Care Centre should be aware that the Ons Dorp Care Centre continues to be concerned about any ongoing possible COVID 19 infection due to the Residents in the Care Centre being the most vulnerable due to serious pre-existing health issues.

When you are visiting Residents in the Care Centre you will need to **sign the Visitors Book and Health Declaration Form** for purposes of contact tracing and which confirms that you have no potential infectious illness. Access to Residents will not be restricted during the hours **9 am to 4.30 pm (Monday to Saturday)**.

For any overseas visitors an additional 14-day period symptom free after completing your compulsory government required quarantine (of 14-days) and the use of PPE (a surgical mask) is recommended.

Q3. Are there any restrictions of Residents going anywhere outside the Village and is social distancing required?

A. No, there are no restrictions on your travel to any destination or location (eg. supermarkets, libraries, movie theatres, cafes, restaurants, gyms, sports venues, etc.) in NZ outside of the Village and no social distancing is required. This means you can go and see family or friends or any other person you wish to.

Q4. If something needs repairing or fixing in my Villa can trades people visit me in my Villa?

A. Yes, there are no restrictions of any kind on trades' people visiting my Villa to repair or fix something. Social distancing is not required.

Source: The above information was obtained from the New Zealand Government COVID 19 website, the Retirement Villages Association and the Age Care Association.

Gary Williams - General Manager

Rajender Gill - Clinical Manager