

# Programme in the Care Centre 7<sup>th</sup> – 13<sup>th</sup> September 2020



## Monday 7<sup>th</sup> September



10.00  
11.00  
01.00  
02.00

Newspaper Reading  
Floor Games  
DVD / Netflix  
Boules

## Tuesday 8<sup>th</sup> September



10.00  
11.00  
01.00  
02.30

Newspaper Reading  
Exercises  
DVD / Netflix  
Word Games & Quizzes  
Pampering Hand Massage

## Wednesday 9<sup>th</sup> September



10.00  
11.00  
01.00  
02.30

Newspaper Reading  
Alphabet Game  
DVD / Netflix  
Craft

## Thursday 10<sup>th</sup> September



10.00  
11.00  
01.00  
02.00

Newspaper Reading  
Balloon Tennis  
DVD / Netflix  
Housie

## Friday 11<sup>th</sup> September



10.00  
11.00  
01.00  
01.30

Newspaper Reading  
Exercises  
DVD / Netflix  
Atrium

## Saturday 12<sup>th</sup> September

01.00

Christina for Activities

## Sunday 13<sup>th</sup> September

10.00

No Communion